

LIST OF 84 LOSSES AND LIFE CHANGES

1. Bankruptcy
2. Body Function
3. Body Image, Weight
4. Child Leaving, Lost, or Died
5. Cognition or Brain Health
6. Comfort (any kind)
7. Community Connections
8. Control of Circumstances
9. Control of Body
10. Country
11. Cult Experience
12. Deaths
13. Desire to Live
14. Dignity
15. Employability
16. Employer or Employee Problems
17. Estrangement from Partner or Others
18. Exercise Ability or Activity
19. Faith
20. Faith Community
21. Familiar Lifestyle or Surroundings
22. Family
23. Fertility
24. Food Scarcity
25. Foreclosure on Property
26. Free Time
27. Freedom
28. Friendship
29. Gender Identity or Change
30. Grandchild or Great Grandchild
31. Health and Independence
32. Holidays
33. Home, Property, or Shelter
34. Hope
35. Identity
36. Incest
37. Independence
38. In-law Problems
39. Innocence
40. Job
41. Joy
42. Life
43. Living Conditions
44. Location
45. Marriage
46. Memory
47. Mental Health or Wellness
48. Mobility
49. Money
50. Mood
51. Moral Standing
52. Moving Away
53. Others Moving Away
54. Own Abilities or Routine
55. Partner's Abilities or Routine
56. Personal Achievement
57. Plans, Hopes, Dreams
58. Pregnancy Loss (Miscarriage)
59. Physical Health of Self
60. Physical Health of Other
61. Rape
62. Relationship
63. Religion
64. Reputation
65. Residence
66. Role at Home or Work
67. Safety
68. Sanity
69. School
70. Sexual Function
71. Significant Relationship
72. Sleep
73. Sobriety
74. Social Contact
75. Stable Schedule
76. Stability
77. Suicide Attempt (self)
78. Suicide or Suicide Attempt (other)
79. Treasured Objects
80. Trust
81. Vacation Options
82. Violation of Rights
83. Violence
84. Work Conditions or Responsibilities